



EZ Riders
ezridershhi.org

Ride Plan

Important – If you plan to ride, please notify the Ride Leader by the TUESDAY before the Thursday ride. Also please indicate if you are staying for lunch or not.

Ride Location: St Helena Penn Center Gullah Gallop

Date: Thursday, January 7, 2016. Limited to 20.

Time: 9:00 a.m. [Penn Center Museum](#) \$5 Tour & short video. If you haven't visited Penn Center, you are missing an important piece of Gullah history and culture. Riding starts at 10:00 a.m. from the Museum

Directions to Start: 16 Penn Center Circle W. St Helena, SC [\[MapLink\]](#)
Allow 1-hour driving time from HHI.

1. Take 278 West
 2. Right onto 170 exit toward Beaufort
 3. Slight Right onto SC 128
 4. Slight Right onto US-21/Parris Island Gateway
 5. Right onto US-21 S/Ladys Island Dr
 6. Right onto US/21 S/Sea Island Pkwy
- FOLLOW DR MARTIN LUTHER KING JR DR/STATE RD S-7-45
TO PENN CENTER CIR W
7. R onto Dr. Martin Luther King Jr Dr/State Rd S-7-45
 8. R onto Penn Center Cir W

Ride Description and/or Information: This 15-mile ride is entirely on paved rural roads.

St. Helena's Island is a rural island seaward of Beaufort. Home of the Gullah Culture and the first experiments to educate the freed slaves. Home of the historic Penn Center School and Museum. The island is a mixture of small communities, vast tomato and sod farms, pecan orchards, abundant, untrimmed massive oak trees and a couple of plantations. Much of the island consists of "Heir Lands." Clear titles are impossible to obtain so the island has resisted development. Excellent biking, little traffic, few dogs, great low country scenery.

Lunch Restaurant and Directions: Applebee's at 2338 Boundary St in Beaufort [\[MapLink\]](#)

Ride Leader Name, Phone & Email: David and Betsy McCoy,
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EZR Penn Center Gullah Gallop, St. Helena Island SC

Cue Sheet

Segment	Cumm.	Cue	Description
0.0	0.0	R	Exit from Penn Center to ML King Drive
0.7	0.7	Bear R	Fork onto Land's End Road
0.5	1.2	R	Sam Doyle Road
1.1	2.3	L	Orange Grove Road
2.4	4.7	R	Story Teller Road
0.3	5.0	L	Scott Hill Road
1.7	6.7	L	Cotton Hill Road
		Straight	Cross Land's End Road to Cuffy Road
1.3	8.0	L	Seaside Road
3.1	11.1	L	Club Bridge Road
1.2	12.3	R	Martin Luther King Drive
0.7	13.0	L	Enter Penn Center

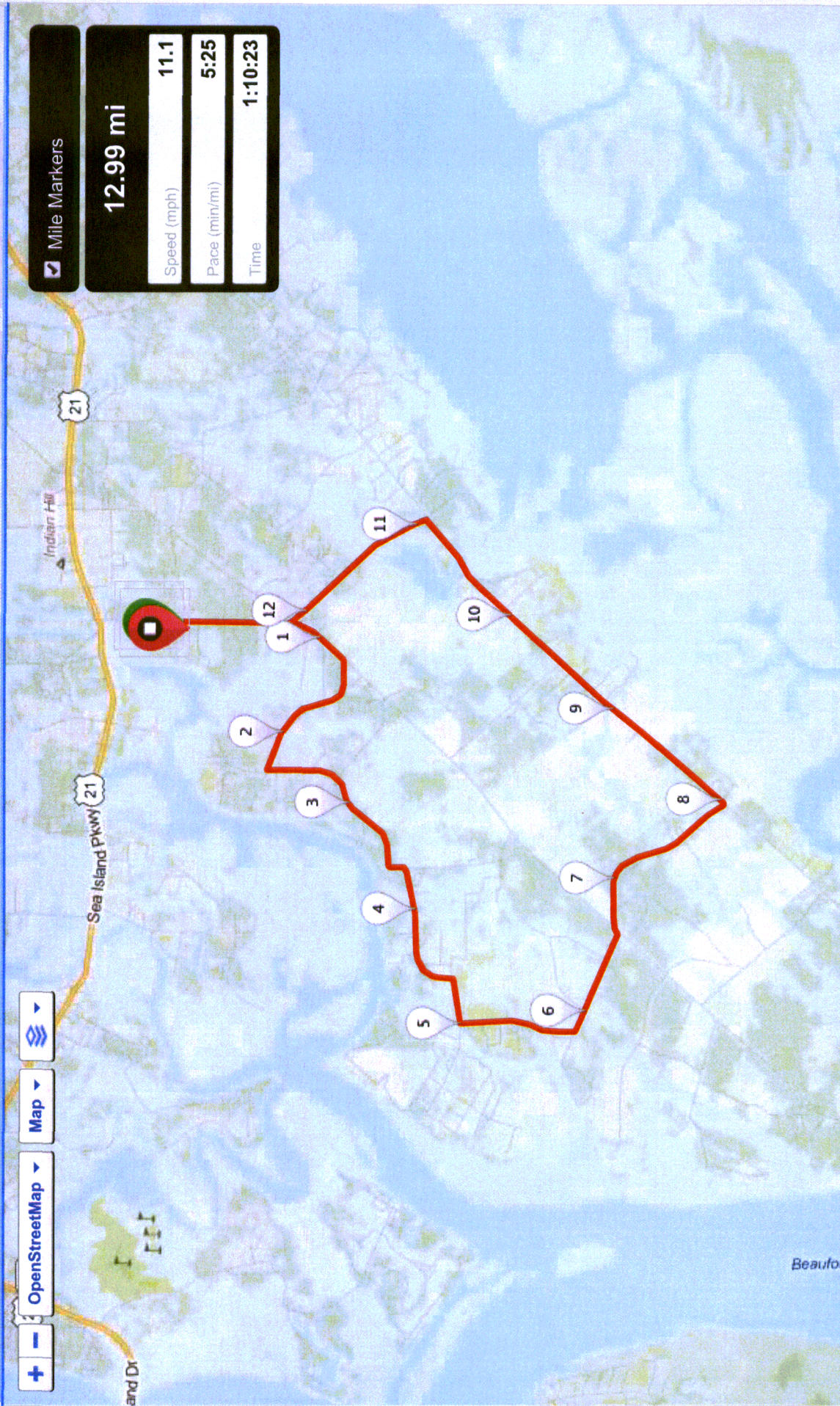


EZR Penn Center St Helena Island Cycling

Mile Markers

12.99 mi

Speed (mph)	11.1
Pace (min/mi)	5:25
Time	1:10:23



Elevation ▾

